

## **LIFE NOTES**

### **Jonah**

1. How did the Spirit of God speak to you through the preaching of the Word this week?
2. Had you considered the order in which you were thankful for things before? How does this point affect your thinking going forward?
3. Did the sermon cause you to reevaluate how you are thankful for your salvation? And if so, how are you now thankful for it?
4. How do you think about your gratitude? Do you give affirmation to yourself or to God?

5. How are you doing on having moments of thankfulness?

6. Do you notice when you have those moments that you have greater joy and gratitude in your obedience?

7. How are you doing on having moments of complaining?

8. Do you notice when you have those moments that you have more anger and selfishness in times of disobedience?